



# THE PACESETTER WAY

## Leadership Team Insights

**PACESETTER**  
OUR PEOPLE, YOUR ADVANTAGE

Brought to you this week by Aviva Leebow Wolmer, Chief Executive Officer

### Commit to Personal Development

*Challenge yourself to be better. Never be satisfied with the status quo. Ask for feedback regularly and welcome it. Treat mistakes as learning opportunities. Assume your knowledge and skills will not always be sufficient for tomorrow's challenges. Demonstrate a commitment to lifelong learning.*

I chose this Pacesetter Way because it is top of mind for individuals as they think about New Years resolutions and personal goals for 2018. Personally, I have never believed in New Years resolutions because I don't believe one should wait to the new year to think about growth and improvement.

However, there is merit in having a moment in time marked to stop and slow down long enough to think about goals and objectives. New Years is a great check in point to reflect. I'd challenge each of us to build in several of these reflection points throughout the year not just at New Years. Maybe this is once a month or quarter at coaching with our managers. Maybe it's a reminder we set on our phone or time set aside on our calendar to reflect.

If we don't stop to ask what we want, think about how we are going to get there and put a plan in place with accountability, it is very unlikely for us to achieve our goals even if they are deeply meaningful and truly important. So I urge each of us to take some time at this new year to do an honest check in and build out check ins for the remainder of the year in order to truly commit to personal development and have a higher rate of success accomplishing our personal and professional goals.

Check back next week for more Leadership Team Insights and be sure to comment on our website about all you are doing to live out these fundamentals!

